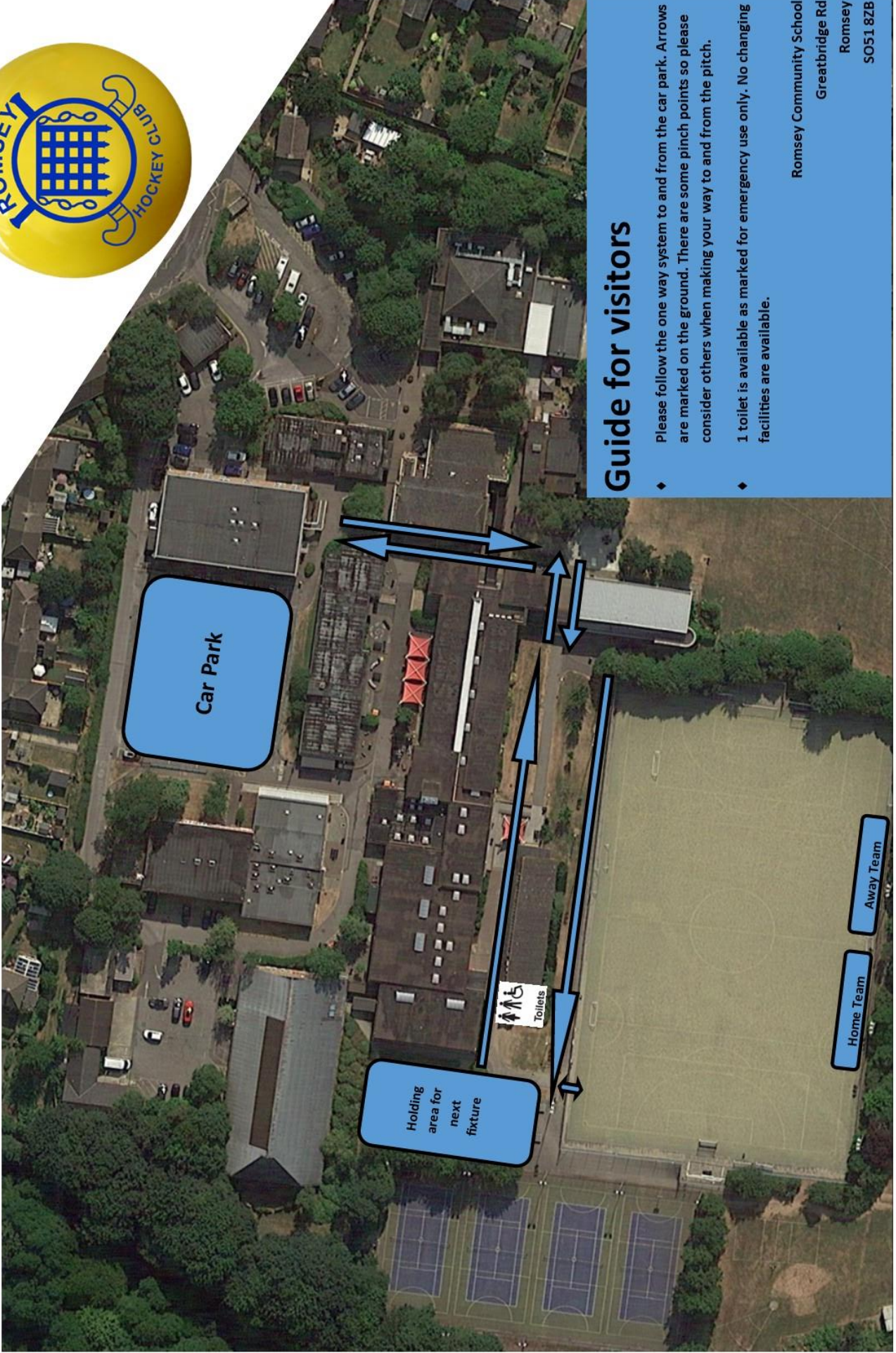




## Training & Match Rules Covid 19

- ✓ Carry out self-assessment before play and follow all England Hockey pre-play checks. You should self-isolate if showing any symptoms of Coronavirus.
- ✓ Face coverings must be worn at all times when on the Romsey School site, they may be removed when you are playing or training. Spectators/ parents must wear face masks at all times.
- ✓ Use hand sanitizer at entrance area, or your own personal hand sanitizer.
- ✓ Follow sign posted one-way system, also shown on attached site plan..
- ✓ No changing facilities available - team talks must take place outside, whilst maintaining social distancing.
- ✓ Wait in designated holding area for group from previous session to leave the pitch before entering. The coach or Romsey captain will let you know when you are allowed.
- ✓ Warm up on pitch – unfortunately time will be limited to ensure all scheduled fixtures are played.
- ✓ Home and away teams will take kit etc to far side of pitch where each team can form a socially base either side of the half way line. 6 chairs will be provided for each team – substitutes and suspended players must use them when not in play.
- ✓ Coach and manager can stand but must adhere to social distancing regulations.
- ✓ Match ball will be provided by Romsey HC must not be touched by anyone.
- ✓ Do not touch goals/gates. Designated person to close/open gates – must sanitize/wash hands before and after.
- ✓ No contact between players upon substituting (e.g. high five).
- ✓ No water bottle sharing.
- ✓ Squads of 16, plus coach, manager and umpires. Only 24 on pitch at any one time.
- ✓ Coaches/Managers/Players/Umpires must avoid shouting, where possible.
- ✓ Maintain social distancing at all stoppages in play and when not involved on side line.
- ✓ No sharing of penalty corner equipment. In short term, where a shortage of equipment, suggest agreement between teams/umpires to allow quick substitutions at penalty corners or to avoid penalty corners/backboard height only. Any solution must meet England Hockey regulations.
- ✓ Absolutely no sharing of masks/equipment under any circumstances.
- ✓ Quickly take free hits around circle/penalty corners. Consider when finding solution to the above.
- ✓ Regularly wash hands where possible.
- ✓ If Romsey video the game they will share footage with opposition where applicable. There will be no access for opposition video.
- ✓ NO SPECTATORS are allowed at any session – U12 and above. Parents/guardians/ Drivers must remain in the car park in or by their car, DO NOT roam around the school site. For U8 and U10s sessions one parent/guardians per family is allowed. They must remain within the ATP fence enclosure, maintaining social distance from others. The benches along the path outside of the pitch may not be used.
- ✓ All home participants, officials, coaches parents/ guardians of U8s/U10s must log their attendance by scanning the Teamo QR code at the pitch entrance.
- ✓ Visiting teams are responsible for notifying their COVID officer of players and coaches/managers participating, that the have signed the “EH Participation Agreement” and put location as Romsey School, SO51 8ZB
- ✓ Appointed Umpires individually responsible for ensuring registration on “EH Participation Agreement” and notify the HHUA Covid Officer that they umpired the game.
- ✓ No need for post match formalities (no handshaking/fist bumps/elbow bumps/three cheers/high fives etc.). No group goal celebrations.
- ✓ Inform Romsey/Visiting club’s/HHUA Covid Officer if you develop symptoms after play (only notify your own organizations Covid Officer - they will then inform England Hockey’s Track and Trace team).



## Guide for visitors

- ◆ Please follow the one way system to and from the car park. Arrows are marked on the ground. There are some pinch points so please consider others when making your way to and from the pitch.
- ◆ 1 toilet is available as marked for emergency use only. No changing facilities are available.

Romsey Community School  
Greatbridge Rd  
Romsey  
SO51 8ZB